

Coming Soon!! "St. Regis Renewal" Please Plan on Attending Assembly!!



Saint
Regis
Parish

"A Pennsylvania Charitable Trust"

517 Homewood Avenue
Trafford, PA 15085
Phone: 412-372-4577
Fax: 412-373-5979
www.stregistrafford.org

A Parish
of the
Diocese of
Greensburg



OFFICE HOURS

Mon/Thur.: 8:30am to 4:00pm
Friday 8:30am to 12:00pm

Mon.-Thur. Mass at 8:00am

Saturday Mass at 5:00pm

Sunday Mass at 9:30am

*Exposition and
Adoration*
2nd Wednesday
each month



BAPTISM...3rd Sunday of the month at 9:30am Mass (Parents must attend Baptism Preparation). Call Karen at ext. #208
RECONCILIATION
Saturday 4:00pm to 4:45pm or call Fr. Dave
MATRIMONY...One year notice required

If you have any suspicion about the sexual abuse (or any other type of abuse) of a minor child by anyone - please contact PA Childline immediately at 1-800-932-0313. If the alleged abuser is functioning in a parish, school or diocesan position as clergy, religious, paid staff or volunteer you are also requested to contact the Bishop's Delegate for Matters of Sexual Misconduct after you have called the Childline number and made the report. The Bishop's Delegate may be reached at 724-837-0901, ext. 1221.

March 3...8th. Sunday in Ordinary Time



"But you, when you pray, go into your inner room, close your door and pray to your Father who is in secret, and your Father who sees what is done in secret will reward you." Matthew 6:6 (NASB)

PARISH STAFF

Fr. David Nazimek, Pastor (ext. #205) dnazimek@dioceseofgreensburg.org
Ms. Florence Gradisek, Liturgy & Music (ext. #209) fgradisek@dioceseofgreensburg.org
Mrs. Karen McDade, Faith Form. & Media Mgr. (ext. #208) kmcdade@dioceseofgreensburg.org
Mr. Michael Daversa, Business Manager (ext. #204) mdaversa@dioceseofgreensburg.org
Ms. Joyce Miller, Parish Secretary and Sacristan (ext. #206) jmiller@dioceseofgreensburg.org
Mr. Steve Spang, Maintenance Manager

St. Regis Finance Council Rudy Benedetti, Debi Bayer, Jeff Blank, Annette Costlow, Romeo DeMarco, and Marty Maskiewicz

St. Regis Pastoral Council Muff Hart, Bill Kepes, Ed Kifer, Darlene Mazak, Lorri Muhitch, Rich Rauso, Marilyn Rauso, and John Wos

OUR MISSION.....

We are the family of Saint Regis, a diverse faith-filled community of caring people. We commit ourselves to be Christ-like to one another, promoting active participation by all in building the parish faith community. Unified through Word and Worship, we answer the call to love and serve God. We resolve to share our faith through prayer, outreach and service.

The St. Regis votive light is lit this week in prayer for

Michael DePalma

From
Norma Jean, Mike,
Tony & Stephanie
Sudina



Parish Schedule from Monday March 4th. to Sunday March 10h.

Monday, March 4.....1:00pm _____ Sleeping Bag Project
 Tuesday, March 5.....9:00am & 6:30pm _____ Adult Ed. 'Oremus'
 7:30pm _____ Life of Joy Prayer Group
 Wednesday, March 6.....8:00am _____ **Mass/Ashes**
 12:00pm _____ **Ash Wednesday Service/Ashes**
 7:00pm _____ **Mass/Ashes**
 Saturday, March 9.....4:00pm _____ Confessions
 5:00pm _____ **Mass**
 _____ **Olive Wood Sale** _____
 Sunday, March 10.....9:30am _____ **Mass/CLW**
 11:00am _____ **SHYM**
 _____ **Olive Wood Sale** _____
"Catholic Home Mission & Religious Ed. Collection"

*Exposition and
Adoration*
2nd Wednesday
each month



**Regional Mass at
St. Barbara
Sunday at 6:00pm**

Masses Intentions this week	
MON 3/4/19 8:00am	Minnie Morelli (Family)
TUE 3/5/19 8:00am	Barbara & Dan Dimich (Nick & Pauline Kljucaric)
WED 3/6/19 8:00am Noon 7:00pm	Jim & Ann McGivern (Larry & Shirley) Services/Ashes Tom, Dot & Tom Babeo Jr.
THUR 3/7/19 8:00am	Ted & Millie Ratkus (Larry & Shirley)
FRI 3/8/19	No Mass
SAT 3/9/19 5:00pm	Mona Gilmore (Hoehn Family) Steve Samek (Ed & Gloria Drost)
SUN 3/10/19 9:30am	Richard Caruso (Rita Caruso) Living & Deceased Members of St. Regis

Minister Schedule		
MINISTRY	SAT 3/9/19	SUN 3/10/19
ALTAR SERVERS	Elizabeth Brobeck Olivia Brobeck Zach Conley Jacob Zigarovich	Christian Adams Gino Delisi Marco Delisi Aidan Sanders
EUCCHARIS- TIC MINISTERS	Marjorie Hoehn Helen Kravetz Darlene Mazak Karen Mercalde Shirley Ratkus Mike Ziemski Paula Ziemski <Unfilled> <Unfilled>	Mary Babeo Maribeth Colbaugh Mike Colbaugh Arlene Eathorne Mary Ann Hussey Cookie Lutz Carol Richardson Tiffany Sanders <Unfilled>
GREET- ERS	Dan Kravetz Carol Pizarro	Mary Babeo Stan Zimmerman
LECTORS	Nancy Baric (2) Joyce Brobeck (1)	Bruno Mediate (1) Mary Jo Montgomery (2)

Readings for the week of March 3, 2019

Monday: Sir 17:20-24/Ps 32:1-2, 5, 6, 7 [11a]/Mk 10:17-27
 Tuesday: Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23 [23b]/Mk 10:28-31
 Wednesday: Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/2 Cor 5:20—6:2/Mt 6:1-6, 16-18
 Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [40:5a]/Lk 9:22-25
 Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15
 Saturday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13,14-15 [cf. 15b]/Rom 10:8-13/Lk 4: 1-13
 Next Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/Rom 10:8-13/Lk 4:1-13

8th Sunday in Ordinary Time – We live in a secular world where talk of resurrection and eternal life means very little to many of our contemporaries. It's hard for us not to be influenced by them and it's easy for us to judge that making a comfortable life for ourselves here and now is our major, perhaps even our only, concern.

In today's Gospel Jesus is speaking of the importance of what is happening in our hearts: What really attracts us? What are our deepest desires? What is our top priority in life? Just as a tree can be judged only by its fruits, so an individual's words and thoughts and deeds well up from his or her heart, and our worth is to be judged by what fills our hearts. Of course, the Lord wants us to love this world, which He has made, wants us to make the most we can of our life here and now. But if our hearts have room only for the things of this life, so that any thought of eternal life has ceased to attract us, then we are living dangerously. If, on the other hand, the deepest desire of our hearts is that we should obtain that glorious destiny for which we were created, then we can be confident that, in the words of today's responsorial psalm, as we grow older, even at our death, we will be "still bearing fruit... Still full of sap, still green", still readying ourselves to hear from the Lord those glorious words: "Well done, good and faithful servant... come and join in your Master's happiness."

As we prepare for the Season of Lent, we may want to reflect upon the following – ***Why did God take the people of Israel on a 40-year journey through the wilderness instead of taking the short cut to Canaan?*** The people's behavior gives us a clue. They longed for the slavery of Egypt, receiving their daily gift of manna with grumbling rather than with gratitude. They longed for "the fleshpots of Egypt," ready to trade their freedom for a pot of meat stew. The wilderness, not Egypt, proved to be the real battleground for a people called to freedom but accustomed to slavery. The Pharaoh and his charioteers could be conquered in a matter of days, but the enemy within the hearts of God's people is a more formidable foe.

The 40 days of Lent is, for us, a battleground where we, also, must face the fear, the pride, and the love of comfort that prevents us from experiencing the freedom and fullness of God's love. What am I willing to trade for the freedom that God offers? What bad habits enslave me? What thoughts undermine my faith? Like the Jewish people, we need to take the long road through the desert of Lent. Relying on God's guidance and sustenance, we battle the enemy within. It is on this interior battleground that we experience most fully our need for God, the source of all love and peace.

This Lent – create a space for prayer, a small "desert," in your home. Use this place of prayer throughout Lent. Here, with God's help, you can confront the thoughts, feelings, fears, and temptations that compromise your freedom. Pick a quiet corner or your house for your prayer place and furnish it with a Bible, a cross, prayer book, your rosary. Bless your prayer place and use it throughout Lent, confident that the God Who calls us to freedom will nourish and guide us on the way.

*"Let us Pray for the Conversion of
the World & for Peace"*

**DON'T FORGET NEXT WEEKEND
TO.....**



Weekly Offertory for
2 / 24 / 2019

Sunday Offertory + **\$3,797.50**

On-line Givinig + **\$1,891.13**

Total Collection + **\$ 5,688.63**

Additional Donations:

CHILDREN'S + **\$21.00**

Food Bank + **\$519.30**


Religious ed. + **\$119.00**

Lent + **\$ 50.00**

To Contribute on-line, please see our website.

A Note From Our Pastor....Policies & Procedures. This is a good time for me to repeat this basic "policy" as a Church and offer some reasons for it. Let me explain the role of a "Sponsor," because with Confirmation and Baptisms approaching people are calling the office for "Sponsor Certificates." This role is, and always has been, considered a vital role in the life of individuals and the Church. We need one another's support. We need role models. We need to broaden the circle of communion with our lives as disciples of Jesus. So, for certain Sacraments, the Church asks us to obtain sponsors. Because it is both a privilege and responsibility within the life of the Church, she has every right to regulate the standards by which a sponsor is chosen. In order for one to be a sponsor for Baptism or Confirmation, this person must be a Catholic who has completed his/her initiation (having celebrated Baptism, Confirmation and Eucharist), and who has attained the age of 16 yrs. This seems basic enough, but you'd be surprised by the number of people who, never having celebrated Confirmation, expect that they can still be a sponsor. How can you help initiate someone when you haven't celebrated Confirmation. Then there are the standard exceptions: that a Catholic attend Mass regularly (every Sunday), be practicing the faith actively and be registered in a parish where you live. These things are simply "standard practice" for a Catholic Christian. Our Sacramental system links all of our faith practices together. There is no substitute for regular participation at Sunday Eucharist. If you are asked to be a sponsor, but do not fulfill the requirements, consider the opportunity to put your Sacramental Catholic faith back in action. Return to Sunday Mass and register in a parish. Try to join any organization: we respect their rules and regulations, otherwise, why would we want to join the organization? Most expect us to enter with good standings. Yet, when it comes to Church life, we expect the Church to bend its expectations to fit our lives.

PARISH - YOUTH - RELIGIOUS EDUCATION NEWS



SAVE THE DATE – The Knights of Columbus invite parishioners to pray with them in front of the Planned Parenthood abortion mill on Penn Ave. in downtown Pittsburgh as a part of the **40 DAYS FOR LIFE** Lenten campaign. The date/time is as follows Sunday March 10th, from 7am-9am & April 5th, 3pm-5pm. Contact : Pat Malley at 412/373-1915 or malley@mail.comcast.net if you're interested in helping to end abortion through prayer and peaceful vigil.



Stations of the Cross

with **Musical Meditations by the St. Regis Handbell Choir**

Wednesday, April 10, 7PM

The Handbell Choir will present Lenten pieces of music for meditation on several Stations of the Cross. This will allow those who attend to reflect in a personal way on Christ's journey to Calvary.

Stations of the Cross Schedule for the Lenten Season 2019:

March 13 – Pope John Paul II Stations of the Cross

March 20 – **St. Regis Senior High Youth Ministry Stations of the Cross**

March 27 – Pope John Paul II Stations of the Cross

April 3 – Traditional Stations of the Cross

April 10 - **Pope John Paul II Stations of the Cross with Handbell Choir Meditations**

"The 500 Club"

The February 23rd. drawing number was "062" and the winner was **Karen Mercalde.**
Congratulations!!

The St. Regis Double

The new "St. Regis Double (twice the 500 Club) ticket is now on sale in the office. It will be a \$1000 payout ticket (still 5 numbers) for \$10. The drawing will take place on Sunday, April 28th at 7:00pm (PA Lottery). Thank you for everything you do and for your support of this Parish fundraiser.



Easter Candy

This weekend a brochure and order form will be included in the bulletin. It would also be helpful if we could sell candy outside of our Church (work, meetings, neighbors, etc.) Forms for multiple orders are available in the office. Thank you in advance for your help and generosity. The more we sell, the better return we receive from Wilson Candies. Return the order forms to the office or in the collection baskets.



Next Weekend (March 9th. & 10th.), Roni Salsa representing the Bethlehem Christian Families; a nonprofit organization through Land of Peace will be with us speaking about the Christian situation in the Holy Land and selling Crucifixes, religious art work, and rosaries- all made of olive wood which is native to Bethlehem, the Holy Land. Christian families in the holy land and in the Middle East are facing persecutions in daily basis. Their lives are in danger and their existence in the Land where Christianity started in peril. The goal of this mission is to aid the poor and needy families in the Middle East. Sale of these goods will help them very much and give you the opportunity to have "something" authentic from the holy land. Please browse and buy some articles. It is for a good cause and a help to your personal devotion. For more information please see Website: www.landofpeace.org and www.bcfmission.com)




During Lent, the Evangelization Committee will be providing LENTEN OPPORTUNITIES: simple ways we can become better Disciples of Christ through our works of prayer, fasting and almsgiving. As you prepare for Ash Wednesday, remember to prepare your heart for Lent. A good way to do this is by reflecting on the Eucharist and how Lent mirrors the theology of the Lord's Supper. We **repent** for our sins, we **prepare** our hearts to receive Christ's body and blood, and then we **receive** forgiveness through this mysterious gift.

March 2019

“Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty”

Pope Francis

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3) 9:30am Mass /CLW 10:30am Coffee & Donuts	4) 8:00am Mass 1:00pm Sleeping bag project	5) 8:00am Mass 9:00am & 6:30pm Adult Ed. 'Oremus' 7:30pm Life of Joy	6) 8:00am Mass /Ashes 12:00pm Distribution of Ashes 7:00pm Mass /Ashes Ash Wednesday	7) 8:00am Mass	8) No Mass	9) 4:00pm Confessions 5:00pm Mass Olive Wood Sale “Catholic Home Mission & Rel. Ed. Collection”
10) 9:30am Mass /CLW 11:00am SHYM Olive Wood Sale “Catholic Home Mission & Rel. Ed. Collection” “40 Days for Life” Turn Clocks Ahead!!	11) 8:00am Mass 8:30am AARP Taxes 1:00pm Sleeping bag project 6:15pm Rel. Ed./MYM Meeting 7:30pm Life of Joy	12) 8:00am Mass /Lenten Morning Prayer 9:00am & 6:30pm Adult Ed. 'Oremus' 6:30pm Pastoral Council Meeting 7:30pm Life of Joy	13) 8:00am Mass 8:30am Exposition and Adoration of the Lord 4:00pm Chimes practice 7:00pm Stations of the Cross (JP II) 7:30pm Handbell practice	14) 8:00am Mass	15) No Mass	16) 4:00pm Confessions 5:00pm Mass
17) 9:30am Mass /CLW 	18) 8:00am Mass 1:00pm Sleep bag project 6:30pm Women's Faith Sharing Group	19) 8:00am Mass /Lenten Morning Prayer 9:00am & 6:30pm Adult Ed. 'Oremus' 7:30pm Life of Joy	20) 8:00am Mass 4:00pm Chimes practice 6:30pm Evan. Comm. Mgt. 7:00pm Stations of the Cross (SHYM) 7:30pm Handbell practice	21) 8:00am Mass 10:00am & 12:30pm Trafford Food Bank	22) No Mass	23) 4:00pm Confessions 5:00pm Mass “Knights Membership Drive”
24) 8:00am Knights Pancake Breakfast 9:30am Mass /CLW 11:00am SHYM “Knights Membership Drive”	25) 8:00am Mass 8:30am AARP Taxes 1:00pm Sleeping bag project 6:15pm Rel., Ed./MYM	26) 8:00am Mass /Lenten Morning Prayer 8:30am Birthday Celebration (Mar. & Apr.) 9:00am & 6:30pm Adult Ed. 'Oremus'	27) 8:00am Mass 4:00pm Chimes practice 7:00pm Stations of the Cross (JP II) 7:00 KOC Meeting 7:30pm Handbell practice	28) 8:00am Mass	29) No Mass	30) 4:00pm Confessions 5:00pm Mass
31) 9:30am Mass /CLW/ Chimes						

2019 LENT AND EASTER SCHEDULES

Adult ED. : "Oremus" March 5, 12,19,26, April 2nd. and 9th.

Times are 9:00am-10:30am and 6:30pm-8:00pm

Ash Wednesday March 6: 8:00am Mass,

12:00pm Liturgy

7:00pm Mass

Regional Confession Services:

Monday, April 8, 7:00pm, Sacred Heart Church (Jeanette)

Tuesday, April 9, 7:00pm, St. Regis (Trafford)

Wednesday, April 10, 7:00pm, St. John's, (Delmont)

Thursday, April 11, 7:00pm, Mother of Sorrows (Murrysville)

Monday (Holy Week) April 15, 7:00pm St. Barbara's, (Harrison City)

Holy Week

April 13th: Palm Sunday Vigil Mass 5:00pm

April 14th: Palm Sunday Mass 9:30am

April 18th: Chrism Mass 10:00am @ Blessed Sacrament Cathedral

Holy Thursday Mass at 7:00pm

Knights Holy Thursday Pilgrimage at 8:00pm

Adoration of the Eucharist till 10:00pm

April 19th: Chaplet of Divine Mercy 1:30pm

Good Friday Liturgy at 2:00pm

Veneration of the Cross 3:00pm-6:00pm

April 20th: Holy Saturday

Noon Blessing of Baskets

8:45pm Easter Vigil Begins

April 21st: Easter Sunday

8:00am Mass

10:30am Mass

LENTEN REGULATIONS

Lent is the penitential season of the Church's Liturgical Calendar, beginning on Ash Wednesday and ending with the Mass of the Lord's Supper on Holy Thursday. Traditionally the Lenten Season is a time of penance throughout the Universal Church. Lent is also a season during which prayer, the reception of the sacraments, charity and almsgiving are emphasized. Fast and abstinence are to be observed on Ash Wednesday and Good Friday. All the Fridays of Lent are days of abstinence from meat. On the weekdays of Lent, there is no obligation to fast. However, voluntary acts of self-denial are encouraged, regardless how young or old one may be. Ash Wednesday and Good Friday are days of Fast, and Abstinence from meat. Limit of one full meal on these days for all between the ages of 18 and 59 (*provided one is in good health and not advised otherwise by one's physician*). And even though one may not have reached their 18th birthday yet, there is no reason why the youngster can't begin practicing Fast and Abstinence. All who have reached their 14th year are bound to abstain totally from meat (and again, even if younger, the practice can begin with the younger members of the family).

REGARDING THE EASTER DUTY

The Sacraments of Reconciliation and Holy Communion are to be received during the Easter Season. Please try to receive the Sacrament of Reconciliation as soon as possible, and as often as possible. We will, once again, share in the Communal Penance Services with the other Parishes of our area. These dates & times can be seen on the left column.

Stations of the Cross Schedule for the Lenten Season 2019:

March 13 – Pope John Paul II Stations of the Cross

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March 27 – Pope John Paul II Stations of the Cross

April 3 – Traditional Stations of the Cross

April 10 - **Pope John Paul II Stations of the Cross with Handbell Choir Meditations**



Common Sense for Lent...but why stop there!!

- * Be nice and mean it.
- * Say thank you.
- * Only speak of others as it they were present.
- * Forgive yourself as well as others.
- * Be proactive and help someone.
- * **Buy Wilson's Candy from St. Regis!**



DIOCESAN-LOCAL— AREA CHURCHES

Come join us for an Evening of Inspiration!

The Saint Paul Sanctuary Choir, along with Pittsburgh sax legend William Holt and pianist Glenn Buzzard, will be presenting "Up Close And Personal with the African-American Spirituals" on Wednesday, March 13, at 7:30 pm at Saint Paul Parish, 820 Carbon Road, Greensburg. The event is open to the public and admission is free.

THE WELL Men's Conference to be held March 30

The diocese's Men's Ministry Team will host THE WELL Men's Conference on March 30 at Greensburg Central Catholic. The event includes workshops, open discussions, the sacrament of reconciliation and adoration, and it concludes with Mass celebrated by Bishop Malesic. The keynote speaker will be Mike McCoy, an Erie native who is a former Notre Dame and NFL star. Register at www.dioceseofgreensburg.org/THEWELL.

Diocese offers Pope Pius XII facilitator training for Scout leaders on March 9...

The Diocesan Catholic Committee on Scouting will hold adult facilitator training for the Pope Pius XII Emblem Saturday, March 9 from 9:30 a.m. to 1:30 p.m. at the BSA Westmoreland-Fayette Council Service Center, 2 Garden Center Dr., Greensburg. There is no cost for the training, but registration is required by March 4. Participants must have the Pope Pius XII Scout Book and the Pope Pius XII Facilitator Manual, which can be downloaded from <https://www.nccs-bsa.org/index.php/religious-emblems/pope-pius-xii> for \$3 each plus tax. Facilitators trained prior to 2014 must update their certification. For questions, contact Chuck Boyer at 3bs1g@comcast.net or 724-396-1787. Participants must have Diocese of Greensburg and BSA clearances before working with youth.

CONGRATULATIONS...

Mrs. Ayers & MOSS Drama Club on a wonderful performance of "Beauty and the Beast, Jr!"



Fish Fry & Purse Bash!



We have 2 big fundraisers coming up! Please see the flyer insert for more information.

<http://signup.com/go/pdvqngw>
mossfishfry@gmail.com



The Level Green Presbyterian Church is now taking orders for the American Cancer Society's Daffodil Days program. All orders must be received by Tuesday, March 5, at 3:00p.m.

Daffodil bouquets, potted miniature daffodils, and daffodil shaped chocolates will all be available to order. A "Gift of Hope" order can also be placed which will anonymously surprise hospital patients or a local treatment center with a gift of daffodils. The church will be a designated location for pick up on Saturday, March 23 from 10:00a.m. - 12:00p.m. The daffodil serves as a symbol of hope for cancer patients that a cure will be found. The Daffodil Days program helps in the fight against cancer by raising both funds and awareness. Support for this program allows the American Cancer Society to save lives, find cures, and help people stay well and get well. This Spring give "Hope by the Bunch" For more details and to place orders, please contact the church office at 412-372-5370.

Catholic Home Missions Collection to be taken March 9-10

The annual Catholic Home Missions Collection will be taken at Masses March 9-10. The theme is "Strengthening the Church at Home," and funds benefit dioceses in the United States that cannot provide basic pastoral services without outside help. For more information about the collection, go to www.usccb.org/home-missions/collection.

"The Accent On-Air" debuts March 3 at 11:30 a.m. on WTAE-TV Channel 4 The Diocese of Greensburg's "The Accent On-Air" debuts March 3 at 11:30 a.m. on WTAE-TV Channel 4. The premier broadcast, "Faith & Food," includes the story about The Epiphany of Our Lord Parish in Monessen winning the Ultimate Pittsburgh Pierogi competition along with other features, including Lenten lessons from Bishop Malesic and Father Tyler Bandura. The show will be rebroadcast at 2:08 a.m. on March 5, 8, 14 and 29.